

Lunch Menu



SALADS

Add any protein for +\$7: Teriyaki Beef, Garlic Shrimp, Atlantic Salmon, Seared Tofu, Crispy Chicken, Grilled Chicken or Extra Veggies.

Greek Medley | \$16

mixed greens, olives, pepperoncini, cucumber, red onion, chickpeas, grape tomato, feta cheese, lemon & olive oil dressing

Cobb | \$16

mixed greens, hard-boiled egg, candied walnut, crispy bacon, grape tomato, carrots, crunchy cabbage, tangy blue cheese, cucumber, red wine vinaigrette

Caesar Salad | \$16

mixed greens, shaved parmesan, croutons, lemon, caesar dressing

SPECIALTY PLATES

Add any protein for +\$7: Teriyaki Beef, Garlic Shrimp, Atlantic Salmon, Seared Tofu, Crispy Chicken, Grilled Chicken or Extra Veggies.

Mediterranean Mezze | \$16

falafel, yellow rice, lentils, cabbage, olives, cucumber, feta, grape tomato, pickled red onions, lemon tahini, hummus

Tacos | \$14

black beans, roasted tomato + avocado salsas, onions, yuca fries, shredded cabbage, peppers, cotija cheese, corn tortilla, lime

Taco Bowl or Burrito | \$16

black beans, roasted tomato + avocado salsas, onions, yuca fries, shredded cabbage, peppers, cotija cheese, yellow rice, corn tortilla, lime

Teriyaki Bowl | \$16

basmati rice, roasted mushrooms, cabbage, peppers, roasted broccoli, onions, edamame, sesame seeds, scallions

SOUPS

Medium (12oz) | \$7.5

Large (16oz) | \$10.5

SANDWICHES

Served with housemade chips

Switch to Garlic Fries, Regular Fries, or Seasonal Salad | +\$3

Mr. Crisp | \$16

crispy chicken, housemade pickles, lettuce, tomato, hot honey drizzle, garlic aioli, brioche bun

California Chicken | \$16

grilled chicken, avocado salsa, chipotle mayo, lettuce, tomato, red onion, ciabatta

Smash Burger | \$19

smash patty, onions, bacon jam, pepperjack cheese, housemade pickles, brioche bun

Steak & Cheese | \$18

shaved beef, swiss, American cheese, garlic aioli, onions, peppers, hoagie roll

Tuscan Chicken Parm Melt | \$18

Crispy chicken, capicola, roasted peppers, marinara, mozzarella, balsamic, ciabatta bread

Housemade Mozzarella | \$16

roasted peppers, basil pesto, grilled asparagus pesto, grilled ciabatta,

HOT WRAPS

Beef Teriyaki Wrap | \$18

teriyaki beef, peppers, onions, yellow rice, black beans, cabbage, spicy mayo, pepper jack cheese, slaw

Buffalo Wrap | \$14.5

crispy chicken, buffalo sauce, crumbled blue cheese, celery, tomato, slaw

BBQ Wrap | \$14.5

crispy chicken, BBQ sauce, cheddar, bacon, slaw, tomato caramelized onions

WRAPS

Chicken & Pesto | \$14.5

grilled chicken, basil pesto, provolone, roasted peppers, spinach, balsamic glaze, garlic aioli

Grilled Vegetable Wrap | \$14.5

seared tofu, greens, sliced cucumbers, quinoa avocado salsa, citrus vinaigrette

available as bowl |\$2



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